

## Raw Herbs

Freeze Dried Ginger Powder – *Zingiber officinale* – Rhizome

### Herbs, Leaves & Aerial Parts

Lemongrass – *Cymbopogon* – Leaves  
Tulsi (Holy Basil) – *Ocimum sanctum* – Leaves  
Neem – *Azadirachta indica* – Leaves  
Curry Leaf – *Murraya koenigii* – Leaves  
Brahmi – *Bacopa monnieri* – Leaves  
Bhringraj – *Eclipta alba* – Leaves  
Shankhapushpi – *Convolvulus pluricaulis* – Leaves  
Kalmegh – *Andrographis paniculata* – Leaves  
Moringa – *Moringa oleifera* – Leaves  
Gotu Kola – *Centella asiatica* – Leaves  
Gurmar – *Gymnema sylvestre* – Leaves  
Lemon Balm – *Melissa officinalis* – Leaves  
Rosemary – *Salvia rosmarinus* – Leaves  
Sage – *Salvia officinalis* – Leaves  
Thyme – *Thymus vulgaris* – Leaves  
Indigo – *Indigofera tinctoria* – Leaves  
Nettle – *Urtica dioica* – Leaves  
Henna (Mehndi) – *Lawsonia inermis* – Leaves  
Makoy – *Solanum nigrum* – Leaves  
Gaozaban – *Onosma bracteatum* – Leaves  
Badranj Boya (Catnip) – *Nepeta hindostana* – Leaves  
Dhamasa – *Fagonia spp.* – Leaves  
Jal Jamni – *Cocculus hirsutus* – Leaves

### Roots / Rhizomes

Ashwagandha – *Withania somnifera* – Root  
Shatavari – *Asparagus racemosus* – Root  
Safed Musli – *Chlorophytum borivillianum* – Root  
Black Musli – *Curculigo orchioides* – Root  
Sarpagandha – *Rauwolfia serpentina* – Root  
Jatamansi – *Nardostachys jatamansi* – Root  
Valerian – *Valeriana wallichii* – Root  
Licorice (Mulethi) – *Glycyrrhiza glabra* – Root  
Anantmool – *Hemidesmus indicus* – Root  
Chitrak – *Plumbago indica* – Root  
Dandelion – *Taraxacum officinale* – Root  
Nagarmotha – *Cyperus scariosus* – Root  
Kuth (Costus) – *Saussurea lappa* – Root

Ratanjot – *Alkanna tinctoria* – Root  
Vetiver – *Vetiveria zizanioides* – Root  
Iris (Orris Root) – *Rhizoma iridis* – Root  
Kapoor Kachri – *Hedychium spicatum* – Rhizome  
Kachur (White Turmeric) – *Curcuma zedoaria* – Rhizome  
Black Turmeric – *Curcuma caesia* – Rhizome  
Amba Haldi – *Curcuma aromatica* – Rhizome  
Sugandh Mantri – *Homalomena aromatica* – Root

### **Bark / Wood**

Arjuna – *Terminalia arjuna* – Bark  
Neem – *Azadirachta indica* – Bark  
Khair – *Acacia catechu* – Bark  
Daru Haldi – *Berberis aristata* – Bark  
Vijaysar – *Pterocarpus marsupium* – Bark  
Kachnar – *Bauhinia variegata* – Bark  
Shirisha – *Albizia lebbek* – Bark  
Peepal – *Ficus religiosa* – Bark  
Devdar – *Cedrus deodara* – Wood  
Dhoop Wood – – Wood  
Bhojpatra – *Betula utilis* – Bark

### **Seeds / Nuts**

Isabgol – *Plantago ovata* – Seeds  
Poppy Seeds (Khus Khus) – *Papaver somniferum* – Seeds  
Malkangni – *Celastrus paniculatus* – Seeds  
Kaunch Seeds – *Mucuna pruriens* – Seeds  
Shivlingi Seeds – *Bryonopsis laciniata* – Seeds  
Tulsi Seeds – *Ocimum sanctum* – Seeds  
Tamarind Seeds – *Tamarindus indica* – Seeds  
Safflower – *Carthamus tinctorius* – Seeds  
Ajmod (Celery Seeds) – *Apium graveolens* – Seeds  
Jeera (Cumin) – *Cuminum cyminum* – Seeds  
Nagkesar – *Ochrocarpus longifolius* – Seeds  
Putrajeevak – *Putranjiva roxburghii* – Seeds  
Kulfa (Purslane) – *Portulaca oleracea* – Seeds  
Cotton Seeds – *Gossypium herbaceum* – Seeds  
Juniper Berry – *Juniperus communis* – Seeds

### **Fruits / Flowers / Others**

Amla – *Phyllanthus emblica* – Fruit  
Bael – *Aegle marmelos* – Fruit  
Indrayan – *Citrullus colocynthis* – Fruit  
Orange Peel – *Citrus sinensis* – Fruit Peel  
Rose Petal – *Rosa indica* – Flower

Kamal Gatta (Lotus Seeds) – *Nelumbo nucifera* – Seeds  
Soapnut (Reetha) – *Sapindus mukorossi* – Fruit  
Amaltas – *Cassia fistula* – Fruit  
Peepal Fruit – *Ficus religiosa* – Fruit  
Unnab (Jujube) – *Zizyphus sativa* – Fruit

### **Minerals / Others**

Alum (Phitkari) – – Mineral  
Copper Sulfate (Neela Thotha) – – Mineral  
Borax (Suhaga) – – Mineral  
Potassium Nitrate (Kalmi Shora) – – Mineral  
Ferrous Sulphate (Kasheesh Hara) – – Mineral  
Sulphur (Gandhak) – – Mineral  
Armenian Bole – – Mineral  
Myrrh – *Commiphora myrrha* – Resin

Ajmod (Celery Seeds) – *Apium graveolens* – Seeds  
Bala Seed (Beej Band Kala) – *Sida cordifolia* – Seeds  
Karanj Seeds – *Pongamia pinnata* – Seeds  
Ulatkambal (Brown) – *Abroma augusta* – Bark  
Tumbru Beej (Timur / Nepali Dhania) – *Zanthoxylum alatum* – Seeds  
Samunder Sokh (Kamarkas Seeds) – *Argyrea nervosa* – Seeds  
Pamba Dana (Cotton Seeds / Binola Giri) – *Gossypium herbaceum* – Seeds  
Nux Vomica – *Strychnos nux-vomica* – Seeds  
Varun Bark – *Crataeva nurvala* – Bark  
Indian Rhubarb – *Rheum emodi* – Root  
Sugandh Mantri (Gandhi Root) – *Homalomena aromatica* – Root  
Sonamukhi – *Senna alexandrina* – Leaves  
Semal Bark – *Bombax ceiba* – Bark  
Saptarangi Root – *Salacia reticulata* – Root  
Salab Misri – *Orchis latifolia* – Root  
Shirisha Bark – *Albizia lebbek* – Bark  
Peepal Bark – *Ficus religiosa* – Bark  
Phitkari Red (Potash Alum) – – Mineral  
Nirmasi – *Delphinium denudatum* – Root  
Clove (Nar Laung) – *Syzygium aromaticum* – Flower Bud  
Mayur Shikha – *Adiantum caudatum* – Leaves  
White Kaunch Seeds – *Mucuna pruriens* – Seeds  
Kashmiri Patta – – Leaves  
Kaiphall Bark – *Myrica esculenta* – Bark  
Jal Jamni (Broom Creeper) – *Cocculus hirsutus* – Leaves  
Hadjod – *Cissus quadrangularis* – Stem  
Dhamasa (Khorasan Thorn) – *Fagonia spp.* – Leaves  
Barberry Bark (Daru Haldi) – *Berberis aristata* – Bark  
Brahm Dandi (Camel's Thistle) – *Tricholepis angustifolia* – Root  
Black Mica (Abhrak Bhasma) – – Mineral

